



Tameside College

**Hair, Beauty, Nails and Media
Makeup**

Applicant Study Pack

Description of courses:

Hairdressing

These courses will ensure you understand the basic aspects of the hairdressing industry. You will learn to cut hair, colour hair, style hair, creatively dress hair, promote products and services, provide colour correction services as well as maintain health and a safety and client care.

Beauty Therapy

These courses will provide you with skills required in the beauty industry. As well as client care and health and safety you will learn: manicures, pedicures, waxing, facial treatments, lash and brow and makeup. You can also develop your skills in body massage, body and facial electrical, microdermabrasion, Indian head massage and stone therapy at level 3.

Hair and Media Makeup

This course will provide you with the technical skills required to specialise in hair and makeup. You will cover a range of topics from: health and safety practices, working in beauty related industries, applying makeup, creative hair styling photographic makeup and more.

Nail Services

During the nail services course you will learn how to reduce risks within health and safety, promote products and services to customers, develop effective working practices, provide manicure and pedicure services, how to do nail art with a range of industry standard tools and techniques as well as applying and maintaining nail enhancements such as acrylic and gel nails.

Task One

Test your general knowledge on hair, beauty and media makeup. Visit the websites below to access your quiz.

How to treat customers

<https://hairdressing.jisc.ac.uk/resources/how-not-to-treat-customers-quiz/>

Do You Know How to Fix Problem Hair?

<https://www.webmd.com/beauty/rm-quiz-problem-hair-fixes>

Make up questions

<https://www.thequiz.com/35-questions-every-makeup-lover-should-be-able-to-answer/>

Task Two

Create your own mood board.

The hair, beauty and media make-up industries allow and encourage you to be as creative as you can be.

As part of your course you will be asked to create an image based on a theme. This allows you to present your ideas and is a visual reference for your creation. You need to consider hair style, hair accessories (if any), makeup, nails and outfit.

Design a mood board based on one of the themes below:

- Historical
- Bridal
- Festival
- Fantasy

Complete any of the above on your sister/brother/mum/dad or on yourself.

Further Reading / Links

- Smokey eye for beginners - <https://www.youtube.com/watch?v=d1Td4IMMCiE>
- Easy cut crease for beginners - <https://www.youtube.com/watch?v=Sfdcul0LNIs>
- Plaiting varieties - https://www.youtube.com/watch?v=kXEt_k3nNFs
- Simple hair updo - <https://www.youtube.com/watch?v=ukP4IYBc094>
- Nail art ideas for beginners - <https://www.youtube.com/watch?v=D0gTkPAkFIs>

What next?

- Visit our website – www.tameside.ac.uk for more information.
- Attend our New Students' Day.
- Make it official, join us for enrolment in August. Letters will be sent to all applicants at the end of July with more details.